

Spectrum 2017 - Race 3 - Ladies - 5km

Pos.	Name	Time	Bib No.	Gender	Race 3 Distance
1	Jane Richter	00:42:30	292	Female	5km
2	Pauline Thompson	00:42:47	181	Female	5km
3	Sam Du Toit	00:42:48	242	Female	5km
4	Bridget Van Den Heever	00:42:57	215	Female	5km
5	Jacqui Mccleland	00:44:16	220	Female	5km
6	Jordyn Simon	00:44:18	203	Female	5km
7	Michala Vermaak	00:44:19	204	Female	5km
8	Tenielle De Andrade	00:51:52	294	Female	5km
9	Mishke Welgemoed	00:51:59	171	Female	5km
10	Claire Dutoit	00:53:10	269	Female	5km
11	Katherine Liebenberg	00:54:31	247	Female	5km
12	Philippa Fabbri	00:54:34	284	Female	5km
13	Odette Cloete	00:54:45	245	Female	5km
14	Milé Vermaak	00:58:07	178	Female	5km
15	Jessica Snyman	00:58:12	176	Female	5km
16	Michelle Renard	00:59:51	271	Female	5km
17	Dune Cloete	01:02:29	233	Female	5km
18	Shirley Smit	01:02:35	183	Female	5km
19	Carey Guscott	01:03:20	234	Female	5km
20	Emily Marais	01:07:32	214	Female	5km
21	Tracey Cosby	01:07:44	235	Female	5km
22	Riette Louw	01:20:45	254	Female	5km
23	Roslyn Scholtz	01:23:03	186	Female	5km
24	Roxanne Daring	01:23:18	255	Female	5km

Spectrum 2017 - Race 3 - Men - 5km

Pos.	Name	Time	Bib No.	Gender	Race 3 Distance
1	Celso Fabbri	00:31:52	286	Male	5km
2	Reece Liebenberg	00:31:58	248	Male	5km
3	Lorenzo Fabbri	00:39:16	285	Male	5km
4	Wiehahn Coetzer	00:41:37	224	Male	5km
5	Bernard Richter	00:42:01	293	Male	5km
6	Stephan Terblanche	00:43:44	259	Male	5km
7	Deon Teubes	00:44:27	257	Male	5km
8	Bernard Cloete	00:46:28	244	Male	5km
9	Marc Botha	00:48:36	167	Male	5km
10	Johann Staats	00:48:40	166	Male	5km
11	Solomon Hiscock	00:49:42	230	Male	5km
12	Gustav Nefdt	00:50:00	251	Male	5km
13	Paul Wright	00:53:15	272	Male	5km
14	Gunther Staats	00:54:51	168	Male	5km
15	Craig Bester	00:55:01	187	Male	5km
16	Gerald Males	00:56:07	182	Male	5km
17	Johann Venter	00:58:09	177	Male	5km
18	Cobus Du Toit	00:59:49	270	Male	5km
19	Francois Smit	01:02:26	185	Male	5km
20	Joshua Martin	01:02:31	184	Male	5km

Spectrum 2017 - Race 3 - Ladies - 18km

Pos.	Name	Time	Bib No.	Gender	Race 3 Distance
1	Beth Buchanan	01:42:21	170	Female	18km
2	Amore Strauss	01:44:56	260	Female	18km
3	Mart-Merie Reyneke	01:58:15	217	Female	18km
4	Theresa Buchner	02:04:40	288	Female	18km
5	Sharon Jessop	02:06:47	289	Female	18km
6	Robyn Bird	02:06:51	216	Female	18km
7	Kumantha Naidoo	02:11:06	221	Female	18km
8	Lindie Rudman	02:12:29	253	Female	18km
9	Eleanor Tew	02:17:41	228	Female	18km
10	Kim Strydom	02:18:09	169	Female	18km
11	Letitia Strauss	02:20:06	295	Female	18km
12	Leani Savage	02:22:19	258	Female	18km
13	Janine Barnard	02:22:54	252	Female	18km
14	Vuyokazi November	02:28:14	222	Female	18km
15	Nomathemba Gum	02:30:02	296	Female	18km
16	Antoinette Scholtz	02:33:10	263	Female	18km
17	Lizette Owen	02:33:12	264	Female	18km
18	Stephanie Louw	02:35:54	283	Female	18km
19	Heidrin Dafel	02:37:10	226	Female	18km
20	Monet Swanepoel	02:40:01	287	Female	18km
21	Esmarie Van Tonder	02:40:48	246	Female	18km
22	Lauren Bartle	03:28:47	280	Female	18km
23	Sally van der Bijl	03:28:51	276	Female	18km
24	Terri-Ann Radloff	03:28:59	265	Female	18km
25	Ana Maria Hay	03:29:28	275	Female	18km
26	Justine Meyer	03:53:25	179	Female	18km

Spectrum 2017 - Race 3 - Men - 18km

Pos.	Name	Time	Bib No.	Gender	Race 3 Distance
1	Siyabonga Kahla	01:12:26	209	Male	18km
2	Mvuyisi Gcogco	01:12:50	205	Male	18km
3	Obey Mtetwa	01:19:31	208	Male	18km
4	Deon Appollis	01:21:26	231	Male	18km
5	Jarryd Cooke	01:23:08	239	Male	18km
6	Keegan Cooke	01:23:35	238	Male	18km
7	Adam Daniels	01:31:36	211	Male	18km
8	Bradley Mackenzie	01:35:59	213	Male	18km
9	Michael Bester	01:36:02	180	Male	18km
10	Gordon Van Der Vlies	01:36:03	210	Male	18km
11	Jacques Halbert	01:36:23	225	Male	18km
12	Stuart Gillmer	01:37:21	262	Male	18km
13	Emil Hougaard	01:41:03	282	Male	18km
14	Cliff Savage	01:44:02	256	Male	18km
15	Alvaro Henriques	01:45:10	267	Male	18km
16	Warren Paris	01:51:58	261	Male	18km
17	Eugene Van Rooyen	01:55:39	193	Male	18km
18	Erik Kemp	01:55:42	200	Male	18km
19	Kevin Gillmer	01:56:19	223	Male	18km
20	Peter Botha	01:58:06	218	Male	18km
21	Carlo Dutton	01:59:22	189	Male	18km
22	Andrew Hollely	02:01:20	250	Male	18km
23	David Hiscock	02:01:54	229	Male	18km
24	Ryan Tudhope	02:02:40	279	Male	18km
25	Henri Conradie	02:04:21	173	Male	18km
26	Leigh Shepherd	02:04:39	219	Male	18km
27	Michael Windsor	02:04:44	273	Male	18km
28	Louis Dutoit	02:04:48	274	Male	18km
29	Paul Jacobs	02:06:35	174	Male	18km
30	Guy Cooke	02:06:40	237	Male	18km
31	Gary Leurs	02:07:01	278	Male	18km
32	Danny Darne	02:07:13	249	Male	18km
33	Chris Carthew	02:09:36	191	Male	18km
34	Alain Blatti	02:11:54	172	Male	18km
35	Bruce Cherrington	02:18:05	266	Male	18km
36	Reon Van Rensburg	02:18:32	212	Male	18km
37	Alex Du Toit	02:21:57	243	Male	18km
38	Trevor Wall	02:22:25	268	Male	18km
39	Kyle Jon Vermooten	02:24:13	240	Male	18km
40	Neels Campher	02:29:35	232	Male	18km
41	Konrad Hoekstra	02:32:07	281	Male	18km
42	Ankit Neglur	02:35:53	297	Male	18km
43	Willem Dafel	02:37:06	227	Male	18km
44	Rodney Maggott	02:41:53	291	Male	18km
45	Brad Grobler	02:48:12	236	Male	18km
46	Michael Hay	03:29:35	277	Male	18km

Spectrum 2017 - Short Series Results

Ladies Short Series

Pos.	Name	Total Time
1	Bridget Van Den Heever	02:23:01
2	Tenielle De Andrade	02:46:58
3	Milé Vermaak	02:59:35
4	Emily Marais	03:23:21

Men Short Series

Pos.	Name	Total Time
1	Craig Bester	02:56:22
2	Gerald Males	03:06:03

Spectrum 2017 - Long Series Results

Ladies Long Series

Pos.	Name	Total Time
1	Beth Buchanan	03:34:43
2	Amore Strauss	03:40:06
3	Theresa Buchner	04:25:11
4	Robyn Bird	04:34:49
5	Sharon Jessop	04:34:59
6	Janine Barnard	04:46:44
7	Letitia Strauss	04:52:25
8	Nomathemba Gum	05:11:03
9	Antoinette Scholtz	05:12:10
10	Lizette Owen	05:12:12
11	Heidrin Dafel	05:23:06
12	Lauren Bartle	06:13:14

Men Long Series

Pos.	Name	Total Time
1	Mvuyisi Gcogco	02:30:28
2	Deon Appollis	02:47:11
3	Obey Mtetwa	02:50:24
4	Siyabonga Kahla	02:50:26
5	Jarryd Cooke	02:54:21
6	Keegan Cooke	02:54:46
7	Adam Daniels	03:18:00
8	Gordon Van Der Vlies	03:18:50
9	Emil Hougaard	03:24:14
10	Stuart Gillmer	03:25:17
11	Warren Paris	03:44:46
12	Erik Kemp	03:50:20
13	Eugene Van Rooyen	03:55:45
14	David Hiscock	04:18:47
15	Danny Darne	04:29:42
16	Alain Blatti	04:39:56
17	Kyle Jon Vermooten	04:47:45
18	Willem Dafel	05:22:57
19	Leigh Shepherd	05:30:40
20	Rodney Maggott	05:55:07